

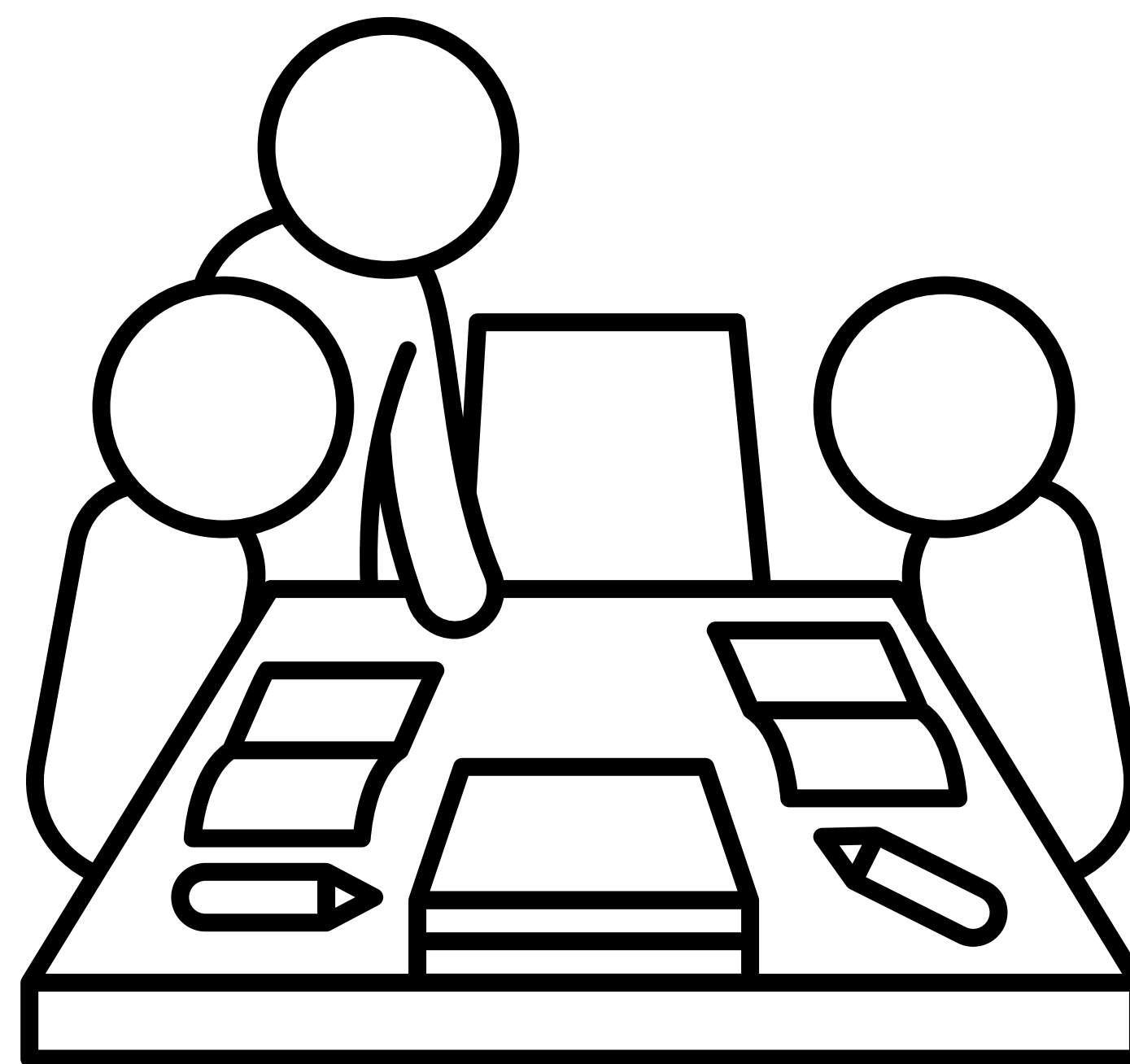
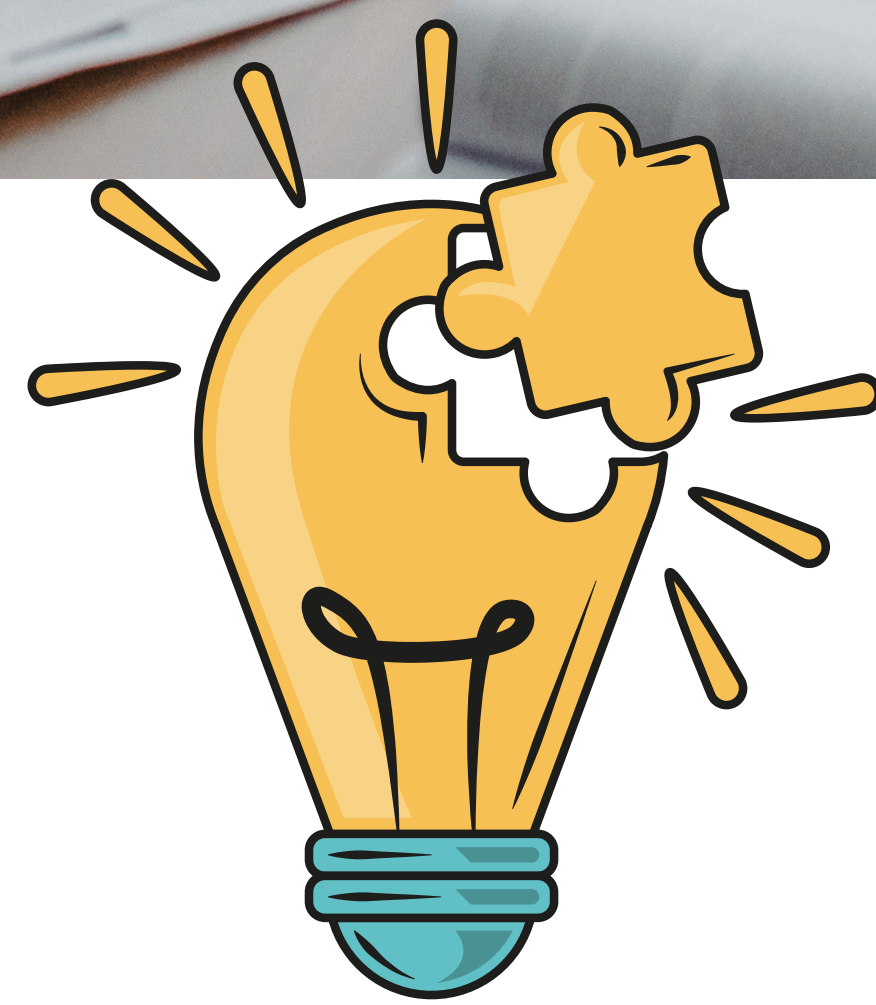
PERSONAL LEADERSHIP & EFFECTIVENESS PROGRAMME



The Personal Leadership & Effectiveness Program is a transformative journey. It equips individuals with self-awareness, communication, and decision-making skills.

This program empowers participants to increase awareness about oneself to improve relationships.

This programme induces participants to be more adaptable, confident, and collaborative, ultimately enhancing their leadership capabilities in both personal and professional domains.



PROGRAM OBJECTIVES

- Know and recognize self-emotions and ways to handle negative emotions and feelings
- Understand ways to apply self-motivation elements using self-awareness and self-management
- Identify negative emotions that block productivity and motivation through self-awareness
- Learn how emotional intelligence can help in improving engagement skills personally and professionally



Brilliant Knowledge



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brilliantknowledgeent@gmail.com



03-61418378 / 017-6571924 (Rashidah)
011-21000612